

Mama Resch's, Inc.  
Nutrition Label  
Vegan Sandwich Bread Mix

12:20 PM 8/13/2020  
Page 1 of 1

<h1>Nutrition Facts</h1>		
15 (about 3 Tbsp. Mix) servings per container		
<b>Serving size</b>		<b>40 g</b>
	Mix	Prepared
<b>Calories</b>	<b>130</b>	<b>160</b>
	% DV*	% DV*
<b>Total Fat</b>	2g <b>3%</b>	5g <b>6%</b>
Saturated Fat	0g <b>0%</b>	0.5g <b>3%</b>
<i>Trans</i> Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	190mg <b>8%</b>	200mg <b>9%</b>
<b>Total Carbohydrate</b>	31g <b>11%</b>	32g <b>12%</b>
Dietary Fiber	3g <b>10%</b>	3g <b>11%</b>
Total Sugars	4g	4g
Incl. Added Sugars	3g <b>6%</b>	3g <b>7%</b>
<b>Protein</b>	3g	3g
Vitamin D	0mcg    0%	0mcg    0%
Calcium	20mg    2%	20mg    2%
Iron	1.1mg    6%	1.1mg    6%
Potassium	80mg    2%	90mg    2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9    •    Carbohydrate 4    •    Protein 4

INGREDIENTS: Millet Flour, Sorghum Flour, Arrowroot Flour, Tapioca Flour, Organic Sugar, Organic Milled Flaxseed, Chia Seeds (Packet included), Yeast (packet included), Sea Salt, Xanthan Gum.

Manufactured in a dedicated facility. No Gluten, No Wheat, No Corn, No Soy, No Casein, No Dairy, No Peanuts, No Tree Nuts, No Preservatives, No Eggs, No Artificial Colors or Flavors.