

Mama Resch's, Inc.  
Nutrition Label  
Sorghum Sandwich Bread Mix

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## Nutrition Facts

15 (about 3 Tbsp. mix) servings per container

**Serving size** **30 g**

	Mix		Prepared	
<b>Calories</b>	<b>110</b>		<b>150</b>	
	% DV*		% DV*	
<b>Total Fat</b>	0.5g	1%	4g	5%
Saturated Fat	0g	0%	0.5g	3%
<i>Trans</i> Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	180mg	8%	200mg	9%
<b>Total Carbohydrate</b>	24g	9%	27g	10%
Dietary Fiber	2g	7%	2g	8%
Total Sugars	2g		4g	
Incl. Added Sugars	2g	3%	4g	8%
<b>Protein</b>	2g		3g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	10mg	0%
Iron	0.6mg	4%	0.7mg	4%
Potassium	60mg	2%	70mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Sorghum Flour, Tapioca Flour, Arrowroot Flour, Organic Sugar, Organic Golden Flaxseed, Yeast (packet included), Sea Salt, Xanthan Gum.

Manufactured in a dedicated facility. No Gluten, No Wheat, No Corn, No Soy, No Casein, No Dairy, No Peanuts, No Tree Nuts, No preservatives, No Eggs, No Artificial Colors or Flavors.