

Mama Resch's, Inc.
 Nutrition Label
 Pancake Mix

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Nutrition Facts

40 (about 3 Tbsp mix or 2 pancakes prepared) servings per container

Serving size **35 g**

	Mix	Prepared
Calories	120	190
	% DV*	% DV*
Total Fat	1g 1%	7g 8%
Saturated Fat	0g 0%	1g 5%
<i>Trans Fat</i>	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	220mg 10%	250mg 11%
Total Carbohydrate	28g 10%	29g 11%
Dietary Fiber	1g 5%	1g 5%
Total Sugars	8g	8g
Incl. Added Sugars	8g 15%	8g 16%
Protein	2g	3g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	40mg 4%	40mg 4%
Iron	0.9mg 4%	0.9mg 6%
Potassium	120mg 2%	140mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Millet Flour, Organic Sugar, Sorghum Flour, Tapioca Flour, Baking Powder (monocalcium phosphate, potato starch, potassium bicarbonate), Baking Soda (sodium bicarbonate), Xanthan Gum., Sea Salt

Manufactured in a dedicated facility. No Gluten, No Wheat, No Corn, No Soy, No Casein, No Dairy, No Peanuts, No Tree Nuts, No Preservatives, No Eggs, No Artificial Colors or Flavors.