

Mama Resch's, Inc.
 Nutrition Label
 Italian Herb Dry Mix, Rev 2, 08/12/20

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<h1 style="margin: 0;">Nutrition Facts</h1>		
15 (about 3 Tbsp. mix) servings per container		
Serving size		30 g
	Mix	Prepared
Calories	110	150
	% DV*	% DV*
Total Fat	0.5g 1%	4g 5%
Saturated Fat	0g 0%	0.5g 3%
Trans Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	190mg 8%	210mg 9%
Total Carbohydrate	24g 9%	28g 10%
Dietary Fiber	2g 8%	2g 8%
Total Sugars	2g	4g
Incl. Added Sugars	2g 3%	4g 8%
Protein	2g	3g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	10mg 0%	10mg 0%
Iron	0.7mg 4%	0.8mg 4%
Potassium	60mg 2%	80mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sorghum Flour, Tapioca Flour, Arrowroot Flour, Organic Sugar, Organic Golden Flaxseed, Yeast (packet included), Garlic Powder, Sea Salt, Xanthan Gum., Oregano, Rosemary.

Manufactured in a dedicated facility. No Gluten, No Wheat, No Corn, No Soy, No Casein, No Dairy, No Peanuts, No Tree Nuts, No preservatives, No Eggs, No Artificial Colors or Flavors.