

Mama Resch's, Inc.
 Nutrition Label
 Banana Bread Mix 2

3:53 PM 8/13/2020
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Nutrition Facts		
15 (about 3 Tbsp. mix) servings per container		
Serving size		30 g
	Mix	Prepared
Calories	100	170
	% DV*	% DV*
Total Fat	1g 1%	8g 10%
Saturated Fat	0g 0%	0.5g 3%
<i>Trans</i> Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	140mg 6%	140mg 6%
Total Carbohydrate	24g 9%	27g 10%
Dietary Fiber	2g 6%	2g 7%
Total Sugars	10g	12g
Incl. Added Sugars	3g 7%	3g 7%
Protein	1g	2g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	30mg 2%	30mg 2%
Iron	0.6mg 4%	0.6mg 4%
Potassium	90mg 2%	150mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Flour Blend (Sorghum Flour, Arrowroot Flour, Tapioca Flour), Organic Dark Brown Sugar, Organic Sugar, Organic Milled Flaxseed, Cinnamon, Baking Powder (monocalcium phosphate, potato starch, potassium bicarbonate), Baking Soda (sodium bicarbonate), Sea Salt, Xanthan Gum., Nutmeg

Manufactured in a dedicated facility. No Gluten, No Wheat, No Corn, No Soy, No Casein, No Dairy, No Peanuts, No Tree Nuts, No Preservatives, No Eggs, No Artificial Colors or Flavors.